

Agenda Item 5

		THE HEALTH SCRUTINY COMMITTEE FOR LINCOLNSHIRE	
Boston Borough Council	East Lindsey District Council	City of Lincoln Council	Lincolnshire County Council
North Kesteven District Council	South Holland District Council	South Kesteven District Council	West Lindsey District Council

Open Report on behalf of Lincolnshire Partnership NHS Foundation Trust (LPFT)

Report to	Health Scrutiny Committee for Lincolnshire
Date:	17 April 2019
Subject:	Update on Lincolnshire Partnership NHS Foundation Trust Services (including the Older Adults Mental Health Home Treatment Team)

Summary:

Lincolnshire Partnership NHS Foundation Trust's has four older adult mental health inpatient wards. Two of these wards provide dementia care and two provide care for people with functional mental illness.

In October 2018 a twelve month project began to upgrade one of the two functional wards, Brant Ward at Witham Court in Lincoln, to create single en-suite bedrooms and improve the ward living spaces. Witham Court is the main centre for older adult mental health in Lincolnshire and has a firm place within the Trust's future strategy. The work on Brant Ward is considered to be a good investment in order to meet Care Quality Commission standards and to futureproof this valuable service.

To support the patients who would otherwise have been admitted to Brant Ward. The Trust set up a new older adult Home Treatment Team (HTT) to run whilst the estates work is being done. Six months into this project, the HTT is proving to be very successful and achieving excellent quality and financial outcomes.

Actions Required:

The Health Scrutiny Committee for Lincolnshire is asked to note the report and the progress made with the older adult Home Treatment service.

Background

The older adult Home Treatment Team (HTT) was set up to mitigate the temporary loss of Brant Ward, a functional mental health inpatient unit with 20 beds, in order that a full refurbishment of the unit could take place. Functional mental health conditions include, for example, people who are living with depression. This refurbishment is to improve the patient experience, providing single en-suite rooms for patients in light of recommendations made by Care Quality Commission around privacy and dignity.

The HTT is a community based service focussing on admission avoidance and supporting early discharge from hospital. The HTT became operational in October 2018; its operational hours are 8:00am-8:00pm Monday to Friday and 10:00am-6:00pm at weekends and public holidays.

Quality Impact of the Service

In the first five months of operation, the Home Treatment Team has demonstrated significant positive outcomes across three key areas:

1. Clinical effectiveness
2. Patient and carer experience
3. Patient Safety

Clinical Effectiveness

Admission Avoidance:

The primary objective for the Home Treatment Team was to provide alternative home based support for twenty patients with functional mental illness previously accessing inpatient beds at Brant Ward, Witham Court, Lincoln and to ensure more people do not have to travel out of Lincolnshire to access an inpatient bed. To date the service has been successful in delivering upon this key objective:

- Since commencement, the HTT have only admitted four patients into an inpatient bed.
- Only one older adult has been placed in an out of area mental health acute bed in the five months since HTT has been in place, compared to nine in the five months before HTT.

There are currently no out of area older adult acute mental health placements.

Length of Stay:

Length of stay is accepted as a good indicator of successful care and treatment; a shorter length of stay coupled with a low readmission rate is an indicator of success. Since the commencement of the older adult Home Treatment Team and the temporary closure of Brant Ward there have been improvements in length of stay:

- The average length of stay for patients under the care of the HTT is 23 days. This is significantly lower than the length of stay of Brant Ward (pre-HTT) at 59 days.

- The average length of stay has also reduced on Rochford Ward, the remaining older adult functional mental health ward, where the hospital stay has reduced from an average of 76.2days to 45.2 days with HTT in place.
- Comparison of discharges from Rochford Ward show that discharges for the period October to December 2017 was twelve, versus 25 for the period October to December 2018 when the HTT was in place, representing a significant increase in discharge rate.
- No patient have been readmitted to an inpatient bed within 30 days of discharge from Rochford Ward since the HTT has been in place (30 days is an indicator of appropriate discharge).

Patient and Carer Experience

- There has been 100% patient satisfaction with the HTT. 73.91% of people reported that they were 'extremely likely' to recommend the service and 26.09% were 'likely' to recommend. Common feedback includes comments such as:

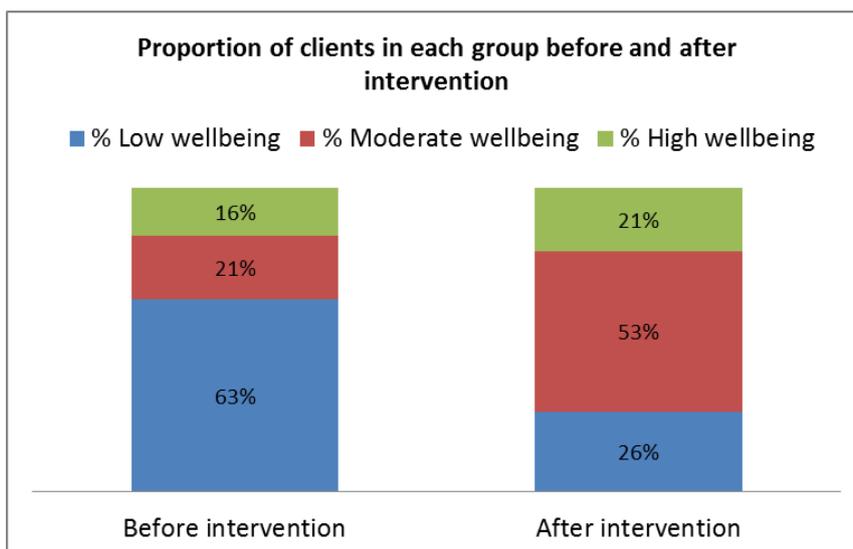
“Thanks for coming. Excellent after care, couldn't have asked for better care”

“They have given me their time, they have listened, they have cared and have showing an understanding of my needs when I needed it most, a superb service”

“Recommend the service and valued the service. Treated with respect and staff always listened”

“Their experience shone through and their desire to help me was personal and so caring. They came up with wonderful practical ideas which were spot on to help! I know that this enabled me to make a much faster recovery that I would have done otherwise. I'm just so grateful that this service was available for me”

- Clinician Rated Outcome Measures (incorporating CGI-I: Clinical Global Improvement scale) have also shown high levels of clinical staff's satisfaction with patient condition on discharge from the service as well as 'very good' referrer satisfaction
- Using the validated tool 'Warwickshire Edinburgh Wellbeing Scale' (WEMWBS) the HTT is able to demonstrate a statistically significant improvement in the self-reported wellbeing of patients following HTT intervention. Less people report low wellbeing and more people report moderate and high wellbeing after HTT support (See chart below:



Patient Safety

Clinical Incidents (these can be all types of incidents most of which do not result in harm but are reported to ensure patients remain safe and lessons are learned):

- For the five months October 2018 to February 2019, there were five clinical incidents associated with the HTT. This compares with 123 clinical incidents associated with Brant Ward in the five months May 2018 to September 2018. The HTT has reported zero Serious Incidents since it became operational in October 2018. This demonstrates that the Home Treatment Team is managing clinical risk appropriately and effectively.

Use of Medication (working to reduce medication where patients do not need it):

- A review is currently underway to compare the use of medication in Brant Ward with levels being used through the Home Treatment Team. Early indications suggest a notable and positive reduction in prescriptions and use of psychiatric medications under the HTT model,

2. Conclusion

Lincolnshire Partnership NHS Foundation Trust (LPFT) is committed to a vision of providing care as close as possible to people's homes. For people living with mental health problems, their carers', friends and families we are keen to explore new ways of working to build resilience in communities. There is also a need to improve the quality of the physical environment for the wards that LPFT operates in order to protect patient dignity and privacy as they receive inpatient care and treatment.

Whilst upgrading Brant Ward, Lincoln, to meet these privacy and dignity standards (in which LPFT invested significant capital funds, the service took the opportunity to try out a pilot called the Home Treatment Team. The results of that service are described in this paper.

The Older Adult functional mental health Home Treatment Team is proving to be very successful as an alternative to inpatient beds. In light of the success, the Trust will be engaging with patients and the public to explore support for retaining the HTT team when Brant Ward re-opens later this year following refurbishment.

Brant Ward, Lincoln will re-open to provide a ward for Older Adult care and treatment and the HTT team will also be in place to care for and treat people closer to home.

LPFT is very keen to share progress on the HTT team to demonstrate openness and transparency about the work we are doing to improve the services available for mental health patients in Lincolnshire.

3. Consultation

There are no issues for consultation arising from this report.

4. Background Papers

No background papers within Section 100D of the Local Government Act 1972 were used in the preparation of this report.

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